



February 7, 2007

www.capitalcare.net

LONG-TERM CARE CONFERENCE EXPLORES BETTER WAYS FOR STAFF, RESIDENTS AND FAMILIES TO COMMUNICATE, IMPROVE CARE

February 8, 8:30 a.m. – 4:30 p.m. Fantasyland Hotel. Media availabilities throughout the day.

Edmonton -Workplace wasps, distressed families, allegations of abuse. What do all of these have in common? They are all outcomes of what can occur in a continuing care setting when people aren't communicating properly. Starting Feb. 8, elder care providers from across the country will gather at the Fantasyland Hotel for a two-day conference that explores ways to avoid misunderstandings, build relationships, and improve quality of life for residents in continuing care.

The 21ST annual People and Progress Conference brings caregivers and families together with experts to share knowledge and advances in continuing care. This year's theme is "Who's Speaking? Who's Listening? Connecting and Communicating in Continuing Care." Concurrent sessions throughout the day provide a forum for innovative learning, promote best practice and increase knowledge for employees in the continuing care sector. And a full day of learning, laughter and inspiration is designed specifically for family caregivers, volunteers and auxiliary members.

Media may attend the following sessions on Feb. 8. Availability with speakers afterwards
Complete program details at [www.capitalcare.net/ Conference](http://www.capitalcare.net/Conference).

8:30-9:45: "What You Say is What You Get:" Keynote address on the power of assertive communication with counsellor and author Lucy MacDonald

9:00-10:00: Superwoman is Alive and Stressed: Kathleen Johnston

10:15-11:15: Using Technology to Communicate Standards – Kelly Deis and Lynn Olenek

10:15-11:15: Wasps in the Workplace - Val Carter

11:30-12:30: Dealing with Distressed Families – Maureen Osis

1:45-2:45: Converse to Communicate, not Abuse – Bobbie Murphy

3:00-4:00: Where There's Humour There's Always Hope – William Thomas

3:15-4:15: Providing Client-Centred Care by Keeping Families Together – Lyn Krutzfeldt & Beth Wilkey

The People and Progress Conference is presented by *The CAPITAL CARE Foundation* and supported by *The CAPITAL CARE Group* and is the longest-running continuing care conference in Canada.

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