

December 13, 2011

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### **CANADA'S MOST FAMOUS COOK REVEALS A NEW VISION FOR NURSING HOME DINING**

Edmonton – Alberta cookbook author Jean Paré, best-known for her Company's Coming publishing empire, will be on hand to reveal the first of 19 nursing home dining room makeovers:

**When: Thursday, December 15, 2 pm – 3 pm. Media are asked to arrive no later than 1:45 pm.**  
**Where: CapitalCare Grandview, 6215 - 124 Street (north of the U of A Farm)**

- Grandview is the first of three CapitalCare long-term care centres to benefit from a new capital campaign by the CapitalCare Foundation called ***Cooking Up Quality of Life***.
- The campaign goal is to raise \$4 million over three years to renovate a total of 19 dining rooms at three sites (CapitalCare Grandview, CapitalCare Lynnwood, CapitalCare Dickinsfield) built between 1966 and 1981.
- The “reveal” includes a before-and-after tour of a traditional nursing home dining room, the newly-renovated dining room, a cooking demonstration featuring Jean Paré, and an opportunity to experience a new approach to meal service in long-term care facilities.

Bob Buck, resident, CapitalCare Grandview

“Some may think that because most of our residents are old an old building is okay, but really, what would you want? The nice thing about visiting someone in a nursing home is that you can go home. We never leave. So you can understand why we are excited about the chance to make some upgrades.”

Jean Paré

“The older you get, the more you look forward to mealtimes, not just for the food, but for the opportunity to visit with friends and family. There's no better way to show you care than to give someone a good meal and a comfortable place to enjoy it.”

Iris Neumann, CEO, CapitalCare

“Nursing homes that are 30 years old and older look and feel like hospitals, not someone's home. At CapitalCare we are making changes that will help people feel like they are living in the comfort of their own homes.”

Fred Otto, Cooking UP Quality of Life Campaign Chair

“The people we care for are your parents and grandparents. Maybe someday it will be you who needs care. Think about it. What would you want? We need the community's help to make our homes more comfortable, now and for future generations.”

**Media may contact:**

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