







Recreation Activity Calendar March, 2020 – Unit 2AB

If you have any questions regarding the activities on your unit, please speak with Jan, Recreation Therapist, at 371-6554.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 1:30 Neighborhood Meeting	3 2:30 Gardening 101 with Sagara and Sam (B)	4 10:30 Trivia with Liz 2:00 Monthly Birthday Party with Barry Hoffman (Aud)	5 1:30 Seated Yoga (Aud) 3:00 Neighborhood Bingo with Beata (A) 7:00 Pub Night with "Larry Renn"	6 2:00 Music by Valentine	7
9 2:00 Concerts in Care with Mikolaj Warszynski and Zuzana Simurdova (Aud) 4:00 Sports Trivia with Liz	10 2:30 Gardening 101 with Sagara and Sam (B)	11 11:30 Edo Luncheon (Aud) <i>Please sign up in advance</i>	12 1:30 Seated Yoga (Aud) 2:00 Appis with Elodie 7:00 Pub Night with "Gallowglass"	13	14 10:45 Polo Visits with Beata 2:00 Music by "The Country Cousins" (Aud) 
16 	17 9:45 Coffee Drive with Beata and Bob 11:00 Gardening 101 with Sagara and Sam (B) 	18 2:00 Board Games with Amy	19 1:30 Seated Yoga (Aud) 3:00 Music Fun with Elodie 7:00 Pub Night with "Brian Maxwell"	20 2:00 Afternoon Matinee "Lassie" (Aud) 2:15 Hand Care with Liz	21 3:00 Happy Hour (Aud)
23 2:00 Shuffleboard with Beata	24 1:30 Gardening 101 with Sagara and Sam (B)	25 10:30 Coffee and General Facts with Elodie 2:00 Spring Dance with Dave Tomnuk (Aud) Cost \$3.00	26 1:30 Seated Yoga (Aud) 7:00 Pub Night with "Philippe Marleau"	27 10:30 Fun and Fitness with Liz 2:00 Bingo (Aud) 	28 10:30 Visits with Amy
30 11:00 Neighborhood Meeting with Jan	31 	<i>We are recruiting for a new temporary therapy assistant for the neighborhood. Please welcome recreation staff from other neighborhoods in the meantime as they provide some program coverage.</i>			<i>Happy Birthday Wishes to: Sophia S. March 9th Barb D. March 21st Mary B. March 28th</i>