




## Recreation Activity Calendar – Unit 3CD – March 2020

If you have any questions regarding the activities on your unit, please call Liz, Therapy Assistant, at 371-6555, or Jan, Recreation Therapist, at 371-6554

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2  Liz Off	3 9:30 NorQuest Visitors Tour 10:30 Arm Chair Travel 1:30 Out Trip – Antique Mall in Old Strathcona	4 10:30 Liz on 2AB (Trivia)  2:00 Monthly Birthday Party 	5 1:30 At Your Leisure on 2CD 2:30 Men’s Java Club 7:00 Pub Night with “Larry Renn”	6  Liz Away Education Day at NorQuest	7  Liz Off
9 10:30 Tower Care 2:00 Concerts in Care (Aud) 4:00 Liz on 2AB (Sports Reminiscing)	10 10:30 Fun & Fitness/ Mental Aerobics 2:00 Greenhouse Activities	11 1:30 Liz on 3AB (Hand Care)  6:30 Coffee House with Natasha	12 1:30 Word Games 2:30 Men’s Java Club 7:00 Pub Night with “Gallowglass”	13 12:45 Huddle 1:30 Residents Choice 4:00 Tower Care	14  Liz Off
16 10:30 Fun & Fitness/ Mental Aerobics 2:00 Jeopardy	17 9:30 NorQuest Visitor Tour 10:30 Arm Chair Travel 2:00 Greenhouse Activities	18 1:30 Neighborhood Bingo (3C)	19 1:30 Word Games 2:30 Men’s Java Club 7:00 Pub Night with “Brian Maxwell”	20 12:45 Huddle 2:00 Movie Matinee (Aud) “Lassie” 2:15 Liz on 2AB (Hand Care)	21 10:30 Crossword 11:45 Pizza Lunch 2:00 Hand Care 3:00 Happy Hour (Aud)
23  Liz Off	24 10:30 Natasha – Entertainment 2:00 Greenhouse Activities	25 8:30 Out Trip – IHOP  2:00 Spring Dance (Aud) with “Dave Tomnuk” Cost \$3.00	26 1:30 Word Games 2:30 Men’s Java Club 7:00 Pub Night with “Philippe Marleau”	27 10:30 Liz on 2AB (Fun & Fitness) 12:45 Huddle 2:00 Bingo (Aud)	28  Liz Off
30 10:30 Baking   2:00 Curling 	31 10:30 Fun & Fitness/ Mental Aerobics 2:00 Greenhouse Activities 3:00 Neighborhood Meeting	<p><i>Happy Birthday Wishes to:</i></p> <p><i>Darwin D. March 3<sup>rd</sup></i>  <i>Joyce M. March 9<sup>th</sup></i>  <i>Kevin J March 14<sup>th</sup></i>  <i>Lilly B. March 24<sup>th</sup></i></p>	