




April 19 – Unit 3AB Recreation Activity Calendar

If you have any questions regarding the activities on your unit, please speak with Amy, Recreation Therapy Assistant at 371-6555 or Zoe, Recreation Therapist, at 371-6554.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
10:45 Hymn Sing and Reflection (Aud) 1:30 Baking 3:00 Coffee House	Superstore shopping in the morning 11:00 One to Ones 2:00 Greenhouse Activities	1:30 Neighborhood Time with Penny	1:30 Card Bingo 2:30 Amy at Men's Java 7:00 Pub Night with "Destiny"	2:00 Birthday Party with "Bobby Van Goethem" (Aud) 	10:30 Amy on 3CD (Trivia) 1:30 Game of Focus 3:00 Happy Hour (Aud)
8	9	10	11	12	13
Amy off	10:30 News and Views 2:00 Music with Al and Frank 	10:30 Ipad fun 1:30 Choir Rehearsal* (Aud) 2:00 Greenhouse Activities 3:00 Curling Match against 2CD	1:30 Toll a butterfly 2:30 Amy at Men's Java 7:00 Pub Night with "The Bluenoser"	10:30 Lace and Trace 2:00 Amy on 3CD (News and Views)	Amy off
15	16	17	18	19	20
10:45 Hymn Sing and Reflection (Aud) 2:00 Concerts in Care (Aud)	10:30 Reminiscing 2:00 Greenhouse Activities (Beata on outing)	1:30 Choir Rehearsal* (Aud) 1:15 Kindergarten Kids Visit 3:00 Recreation Planning Meeting 7:00 Rio Lema Dance Group (Aud) (portering 3CD)	1:30 Seated Yoga* (Aud) 1:30 Amy on 2AB NT 2:30 Amy at Men's Java 7:00 Pub Night with "Jackson Mackenzie"		

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22  10:45 Hymn Sing and Reflection (Aud) 2:00 Music with Al and Frank	23 10:30 Trivia 2:00 Greenhouse with Beata	24 1:30 Choir Recital 1:30 Afternoon Outing For a Drive and Snack (*no choir ppl)	25 1:30 Seated Yoga* (Aud) 1:30 Active Game 2:30 Amy at Men's Java 7:00 Pub Night with "David Jukebox Leigh"	26 2:00 Bingo (Aud) 	27 10:30 Chat Around Table 2:00 Amy on 3CD (Table Games) 3:30 Resident's Choice
29 Amy Off	30 10:30 Discussion group 2:00 Greenhouse Activities 3:30 Calendar change				