



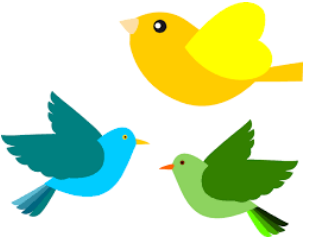
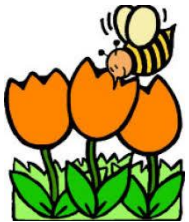






Monday	Tuesday	Wednesday	Thursday	Friday
<h1 style="font-size: 100px; letter-spacing: 0.5em;">APRIL</h1> <p style="font-size: 24px; font-style: italic;">Don't let what you cannot do, interfere with what you <i>can do</i></p> <p style="font-size: 18px;">John Wooden</p> <div style="float: right; border: 2px solid blue; padding: 5px; width: 150px;"> <p style="margin: 0;">Dickinsfield Young Adult Day Support Program (YADS)</p> </div> <div style="float: right; border: 2px solid blue; padding: 5px; width: 150px; margin-top: 10px;"> <p style="margin: 0;"> Find us on: facebook®</p> </div>				
1	2	3	4	5
<p><u>10:00am</u> - Snack and chat</p> <p><u>10:30am</u> - Smart Donkey</p> <p><u>11:30am</u> - Rise and Shine</p> <p><u>12:00pm</u> - Lunch</p> <p><u>1:15pm</u> - Scattegories</p> <p><u>2:15pm</u> - Fact or Foolery</p> <p style="text-align: center;">APRIL FOOLS</p>	<p>*NorQuest Student Visit*</p> <p><u>10:00am</u> - Snack and chat</p> <p><u>10:30am</u> - Crib / I-Spy / Visits with Mahnee (YADS)</p> <p><u>11:30am</u> - Sit & be Fit with Balloon Badminton</p> <p><u>12:00pm</u> - Lunch</p> <p><u>1:15pm</u> - Clothespin Picture Display Craft</p> <p><u>2:15pm</u> - Horoscopes</p>	<p><u>10:00am</u> - Snack and chat</p> <p><u>10:30am</u> - Scrabble / Blokus</p> <p><u>11:30am</u> - Sit & be Fit</p> <p><u>12:00pm</u> - Lunch</p> <p><u>1:15pm</u> - April Jeopardy</p> <p><u>2:15pm</u> - What am I? </p>	<p><u>10:00am</u> - Snack and chat</p> <p><u>10:30am</u> - Monthly Gazette & April IQ</p> <p><u>11:30am</u> - Rise and Shine</p> <p><u>12:00pm</u> - Lunch</p> <p><u>1:15pm</u> - Fact or Crap</p> <p><u>2:15pm</u> - Ask Google</p>	<p><u>10:00am</u>- Snack and chat</p> <p><u>10:30am</u> - Roman Catholic Mass / Picture It!</p> <p><u>11:30am</u> - Sit & be Fit</p> <p><u>12:00pm</u> - Lunch</p> <p><u>1:15pm</u> - Urban Myth</p> <p><u>2:15pm</u> - Dr. Seuss Quotes</p> <p style="text-align: center;"></p>
8	9	10	11	12
<p><u>10:00am</u> - Snack and chat</p> <p><u>10:30am</u> - Connect 4</p> <p>Shots</p> <p><u>11:30am</u> - Sit & be Fit with Active Games </p> <p><u>12:00pm</u> - Lunch</p> <p><u>1:15pm</u> - New Wii Games</p> <p><u>2:15pm</u> - Joke of the week</p>	<p><u>10:00am</u> - Snack and chat</p> <p><u>10:30am</u> - Outburst / Doodle Drop-in (SunnyNook)</p> <p><u>11:30am</u> - Stretches</p> <p><u>12:00pm</u> - Lunch</p> <p><u>12:45pm</u> - Movie Matinee</p> <p><u>2:15pm</u> - Reel Review</p>	<p><u>10:00am</u> - Snack and chat</p> <p><u>10:30am</u> - Horse Races</p> <p><u>11:30am</u> - Seated Zumba</p> <p><u>12:00pm</u> - Lunch</p> <p><u>1:15pm</u> - Choir Practice (Aud) / Tribond</p> <p><u>2:15pm</u> - Ask Google</p>	<p><u>10:00am</u> - Snack and chat</p> <p><u>10:30am</u> - Marshmallow Bunny Race Cars</p> <p><u>11:30am</u> - Sit and be Fit</p> <p><u>12:00pm</u> - Lunch</p> <p><u>1:00pm</u> - Sweet Treat</p> <p><u>1:30pm</u> - Curling Finals (Aud)</p>	<p><u>10:00am</u>- Snack and chat</p> <p><u>10:30am</u> - Roman Catholic Mass / Shuffle Board</p> <p><u>11:30am</u> - Seated Zumba</p> <p><u>12:00pm</u> - Lunch</p> <p><u>1:15pm</u> - Spring Bingo</p> <p><u>2:15pm</u> - Rainy Day Detective </p>



April 2019 YADS Event Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	
<p>15</p> <p><u>10:00am</u> - Snack and chat <u>10:30am</u> - Apples to Apples <u>11:30am</u> - Seated Tai Chi <u>12:00pm</u> - Lunch <u>1:15pm</u> - Monthly Birthday Party <u>2:15pm</u> - Horoscope</p> 	<p>16</p> <p><u>10:00am</u> - Snack and chat <u>10:30am</u> - Crib / Wiki Trivia Doodle Drop-in (SunnyNook) <u>11:30am</u> - Sit & be Fit <u>12:00pm</u> - Lunch <u>1:15pm</u> - Carrot cups <u>2:15pm</u> - Bunny Funnies</p> 	<p>17</p> <p><u>10:00am</u> - Snack and chat <u>10:30am</u> - Baby Animals & Spring Time Trivia <u>11:30am</u> - Rise and Shine <u>12:00pm</u> - Lunch <u>1:15pm</u> - Choir Practice / Easter Spring Craft <u>2:15pm</u> - "Hare-larious" Humor</p> 	<p>18</p> <p><u>10:00am</u> - Snack and chat <u>10:30am</u> - Easter Egg Concentration <u>11:30am</u> - Sit & be Fit with the parachute <u>12:00pm</u> - Lunch <u>1:30pm</u> - Karaoke (MD) / Yoga Class 6-week sign-up (Aud)</p>	<p>19</p> <p>- Good Friday - - Program Closed -</p> 	
<p>22</p> <p>- Easter Monday- - Program Closed -</p> 	<p>23</p> <p><u>10:00am</u> - Snack and chat <u>10:30am</u> - Word within a Word / Doodle Drop-in (SunnyNook) <u>11:30am</u> - Sit & be Fit with Active Games <u>12:00pm</u> - Lunch <u>1:15pm</u> - Afternoon Spa <u>2:15pm</u> - Earth Day Facts</p> 	<p>24</p> <p><u>10:00am</u> - Snack and chat <u>10:30am</u> - Making Raspberry Yoghurt Bites / Skip-Bo <u>11:30am</u> - Home Support Exercise Program <u>12:00pm</u> - Lunch <u>1:15pm</u> - Choir Recital</p> 	<p>25</p> <p><u>10:00am</u> - Snack and chat <u>10:30am</u> - Java Club <u>11:30am</u> - Tai Chi Mindfulness <u>12:00pm</u> - Lunch <u>1:15pm</u> - Drawing club / Yoga Class (Aud) <u>2:15pm</u> - Song Requests</p>	<p>26</p> <p><u>10:00am</u>- Snack and chat <u>10:30am</u> - Roman Catholic Mass / "Earth" Categories <u>11:30am</u> - Sit & be Fit <u>12:00pm</u> - Lunch <u>1:15pm</u> - Magnet Craft <u>2:15pm</u> - How to Celebrate Earth Day</p> <p>Earth Day </p>	
<p>29</p> <p><u>10:00am</u> - Snack and chat <u>10:30am</u> - Bocce Ball <u>11:30am</u> - Stretches and parachute <u>12:00pm</u> - Lunch <u>1:15pm</u> - Monthly Bingo <u>2:15pm</u> - Pick a prize</p> 	<p>30</p> <p><u>10:00am</u> - Snack and chat <u>10:30am</u> - Crib / Doodle Drop-in (SunnyNook) / Yatzee <u>11:30am</u> - Tai Chi Class <u>12:00pm</u> - Lunch <u>1:15pm</u> - Truth or Myth <u>2:15pm</u> - Ask Google</p>				<p><u>April Birthdays</u></p> <p>Linda – April 11th Bryan – April 18th</p> 