

MARCH CALENDAR 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Hymn Sing (Birds - LPN) 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 6:30 MOVIE NIGHT / POPCORN PLANT WATERING Green Neighborhood Leads	2 9:00 BUS OUT TRIP 10:30 EXERCISE / WALKING PRGM 2:00 MUSIC "Peace In The Valley" 3:00 COFFEE & VISITS 6:30 KICKBALL / Get To Know Me	3 Neighborhoods Gathering 10:30 EXERCISE / Get To Know Me 2:00 Sing Along Social / G.T.K.M 3:00 COFFEE & VISITS 6:30 IN HOUSE MANICURES	4 Neighborhoods Gathering 10:30 EXERCISE / WALKING PRGM 2:00 BINGO 3:00 COFFEE & VISITS 6:30 Ukelele Sing Along / Janet Get To Know Me	5 Neighborhoods Gathering 10:30 EXERCISE / Get To Know Me 12:30 BUS OUT TRIP 2:00 SING ALONG DVD / G.T.K.M. 3:00 COFFEE & VISITS 6:30 EXERCISE / WALKING PRGM	6 HAIRDRESSER IN TODAY 10:30 BOWLING / WALKING PRGM 2:00 MANICURES 3:00 COFFEE & VISITS 6:30 DANCE "JACK HENNIG"	7 BIRD CARE (LPN) 10:30 EXERCISE / WALKING PRGM 2:00 GREAT ROOM ACTIVITY 3:00 COFFEE & VISITS 7:00 LAWRENCE WELK
8 10:30 Hymn Sing(Birds - LPN) 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 6:30 MOVIE NIGHT / POPCORN PLANT WATERING Rose Neighborhood Leads	9 BAKING WITH CAROL 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "DWAYNE CANNAN" 3:00 COFFEE & VISITS 6:30 KICKBALL / Get To Know Me	10 Neighborhoods Gathering 10:30 EXERCISE / Get To Know Me 2:00 Sing Along Social / G.T.K.M 3:00 COFFEE & VISITS 7:00 C.P.S. CHOIR	11 EXERCISE / WALKING PRGM 11:00 ART FUN WITH "JANI" 2:00 HYMN SING WITH "LINDA" 3:00 COFFEE & VISITS 6:30 Ukelele Sing Along /G.T.K.M.	12 Neighborhoods Gathering 10:30 EXERCISE / Get To Know Me 10:30 NORQUEST STUDENTS 2:00 BINGO / Get To Know me 3:00 COFFEE & VISITS 6:30 EXERCISE / WALKING PRGM	13 HAIRDRESSER IN TODAY 10:30 BOWLING / WALKING PRGM 2:00 MANICURES 3:00 COFFEE & VISITS 6:30 GREAT ROOM SOCIAL	14 BIRD CARE (LPN) 10:30 EXERCISE / WALKING PRGM 2:00 GREAT ROOM ACTIVITY 3:00 COFFEE & VISITS 7:00 LAWRENCE WELK
15 10:30 Hymn Sing(Birds - LPN) 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 6:30 MOVIE NIGHT / POPCORN PLANT WATERING Blue Neighborhood Leads	16 BAKING WITH CAROL 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "KAY DESILVA" 3:00 COFFEE & VISITS 6:30 KICKBALL / Get To Know Me	17 ST PATRICK'S DAY 10:30 EXERCISE / Get To Know Me 2:00 ST PATRICK'S DAY SOCIAL 3:00 COFFEE & VISITS 6:30 IN HOUSE MANICURES	18 Neighborhoods Gathering 10:30 EXERCISE / WALKING PRGM 2:00 MONTHLY BIRTHDAY PARTY 3:00 COFFEE & VISITS 6:30 Ukelele Sing Along / Janet Get To Know Me	19 PINK THURSDAY 10:30 EXERCISE / Get To Know Me 2:00 BINGO / Get To Know me 3:00 COFFEE & VISITS 6:30 EXERCISE / WALKING PRGM	20 HAIRDRESSER IN TODAY 10:30 BOWLING / WALKING PRGM 1:45 PUB AT LYNNWOOD 2:00 MANICURES 3:00 COFFEE & VISITS 6:30 DANCE "MR MELODY"	21 BIRD CARE (LPN) 10:30 EXERCISE / WALKING PRGM 2:00 GREAT ROOM ACTIVITY 3:00 COFFEE & VISITS 7:00 LAWRENCE WELK
22 10:30 Hymn Sing(Birds - LPN) 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 6:30 MOVIE NIGHT / POPCORN PLANT WATERING Green Neighborhood Leads	23 BAKING WITH CAROL 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "RANDY & RAI" 3:00 COFFEE & VISITS 6:30 KICKBALL / Get To Know Me	24 Neighborhoods Gathering 10:30 EXERCISE / Get To Know Me 2:00 CARD CREATIONS / BARB 3:00 COFFEE & VISITS 6:30 IN HOUSE MANICURES	25 Neighborhoods Gathering 10:30 EXERCISE / WALKING PRGM 11:00 ART FUN WITH "JANI" 2:00 DANCE "JOSEPH PETRAS" 3:00 COFFEE & VISITS 6:30 Ukelele Sing Along / G.T.K.M.	26 9:00 BUS OUT TRIP 10:30 EXERCISE / Get To Know Me 10:30 NORQUEST STUDENTS 2:00 BINGO / Get To Know me 3:00 COFFEE & VISITS 6:30 EXERCISE / WALKING PRGM	27 HAIRDRESSER IN TODAY 10:30 BOWLING / WALKING PRGM 2:00 MANICURES 3:00 COFFEE & VISITS 6:30 GREAT ROOM SOCIAL	28 BIRD CARE (LPN) 10:30 EXERCISE / WALKING PRGM 2:00 GREAT ROOM ACTIVITY 3:00 COFFEE & VISITS 7:00 LAWRENCE WELK
29 10:30 Hymn Sing(Birds - LPN) 2:00 EXERCISE / WALKING PRGM 3:00 COFFEE & VISITS 6:30 MOVIE NIGHT / POPCORN PLANT WATERING Rose Neighborhood Leads	30 PODIATRIST IN TODAY 10:30 EXERCISE / WALKING PRGM 2:00 DANCE "WES & WENDY" 3:00 COFFEE & VISITS 6:30 KICKBALL / Get To Know Me	31 Neighborhoods Gathering 10:30 EXERCISE / Get To Know Me 2:00 Sing Along Social / G.T.K.M 3:00 COFFEE & VISITS 6:30 IN HOUSE MANICURES			 <p>Everyone's Irish On March 17th.</p>	
	MARCH BIRTHDAYS HENDRICK R. MARCH 1st RITA M. MARCH 24th			MPW has 1 cat; Trixie. She is cared for by the residents & staff on night shift. There are 2 birds which are cared for by the residents & staff on the day shift. The plants are cared for by residents & staff on evenings.		Recreation: Carol MacDonald (780) 413-4901 carollmacdonald@capitalcare.net Calendar Subject to change without notice.