

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <u>1:30 Inter-Denominational Church Service with Pastor David (Heritage House)</u>	2 Diane's Birthday 10:30 Active Games (Harvest House) 10:30 Art with Zofia 1:30 Manicures	3 <u>10:15 Protestant Communion-L.H.</u> 10:30 Everyone Exercise 11:15 Balloon Volleyball 2:00 Java Music Club	4 2:00 Friendly Visits (one on one) 6:45 Family Visit – Linking Generations	5 <u>St. Thomas Anglican Heritage House</u> 2:00 BINGO 7:00 PUB NIGHT WITH JAC MAC	6 Diane Away at Workshop	7 
8 <u>10:30 The Park Church (Heritage House)</u>	9 10:30 Art with Zofia 1:30 Manicures 1:30 Music at Harvest House 3:00 Manicures (Harvest House)	10 10:30 Active Games (Harvest House) 11:30 Today's Topics (Harvest House) 2:00 Java Music Club	11 10:30 Everyone Exercise 11:15 Sing-a-long (Parlor) <i>1:30 Strathcona Library Book Mobile</i> 2:00 Java Music Club at Harvest House	12 <u>10:45 Hymn Sing Heritage House</u> 2:00 Bingo 7:00 PUB NIGHT WITH JUKEBOX LEIGH	13 10:30 Active Games (Harvest House) 11:30 Today's Topics (Harvest House) 1:45 Seated Ballet Series	14 
15 <u>No Church Service</u> 11:00 Irish Dancers-McCormick School of Dance	16 10:30 Active Games (Harvest House) 10:30 Art with Zofia 1:30 Manicures	17 Happy St Patrick's Day!  10:15 Everyone Exercise 11:15 Green Trivia 2:00 Java Music Club	18 10:00 Shopping to Sherwood Park Mall & Lunch	19 <u>10:45 OLPH Roman Catholic Mass Heritage House</u> 2:00 BINGO 7:00 GREEN BEER PUB NIGHT WITH DWAYNE	20 10:15 Everyone Exercise 11:15 Bible Study 2:00 CONCERTS IN CARE	21 

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>22</p> <p><u>2:00 Heartland Alliance (Heritage House)</u></p>	<p>23</p> <p>10:30 Active Games (Harvest House)</p> <p>10:30 Art with Zofia</p> <p>1:30 Manicures</p> <p>2:00 Breakfast Prep</p>	<p>24</p> <p>9:15 Home cooked Breakfast</p> <p>11:15 Everyone Exercise</p> <p>2:00 Java Music Club</p>	<p>25</p> <p>10:30 Everyone Exercise</p> <p>11:15 Baggo Bean Bag Toss</p> <p>2:00 BIRTHDAY PARTY WITH BOB VAN</p>	<p>26</p> <p><u>10:45 United Church Heritage House</u></p> <p>2:00 BINGO</p> <p>7:00 PUB NIGHT WITH TUESDAY AFTERNOON</p>	<p>27</p> <p>10:30 Resident & Family Council Meeting</p> <p>11:15 Bible Study</p> <p>1:45 Seated Ballet Series</p>	
<p>29</p> <p><u>St. Thomas Anglican (Heritage House)</u></p>	<p>30</p> <p>10:30 Active Games (Harvest House)</p> <p>10:30 Art with Zofia</p> <p>1:30 Manicures</p>	<p>31</p> <p><i>10: 00 Out for Country Drive</i></p> <p>2:00 Java Music Club</p>	<p><i>“May you have warm words on a cold evening A full moon on a dark night , And the road downhill all the way home” An Irish Blessing</i></p>	<p style="text-align: center;">HAPPY BIRTHDAY!</p> <p><i>Doug C. March 2 Marianne T & John C. March 5</i> <i>Dena D. March 6 Mona S. March 8</i> <i>Catherine C. March 22</i></p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Please be advised that our Monthly Calendar is subject to <u>last minute</u> changes.</p> <p>If you have any questions, please contact recreation. Phone: 780-410-4425 or e-mail: diane.ellard@capitalcare.net</p> </div>		