

CAPITALCARE CENTRES

North	Central	East	West
1 Adult Duplexes 780.496.3335 9935 – 178 Avenue NW Edmonton, AB T5X 5X2	7 CHOICE Norwood 780.944.8662 10404 – 111 Avenue NW Edmonton, AB T5G 3A2	9 Strathcona & Laurier House Strathcona 780.467.3366 12 Brower Drive Sherwood Park, AB T8H 1V3	11 Laurier House Lynnwood 780.413.4712 16815 – 88 Avenue NW Edmonton, AB T5R 5Y7
2 Kipnes Centre for Veterans 780.442.5700 4470 McCrae Avenue NW Edmonton, AB T5E 6M8	8 Norwood 780.496.3200 10410 – 111 Avenue NW Edmonton, AB T5G 3A2	South	12 Lynnwood 780.341.2300 8740 – 165 Street NW Edmonton, AB T5R 2R8
3 CHOICE Mental Health 780.944.8668 14504 – 118 Street NW Edmonton, AB T5X 1T3	10 Grandview 780.496.7100 6215 – 124 Street NW Edmonton, AB T6H 3V1		13 McConnell Place West 780.413.4770 8720 – 165 Street NW Edmonton, AB T5R 5Y8

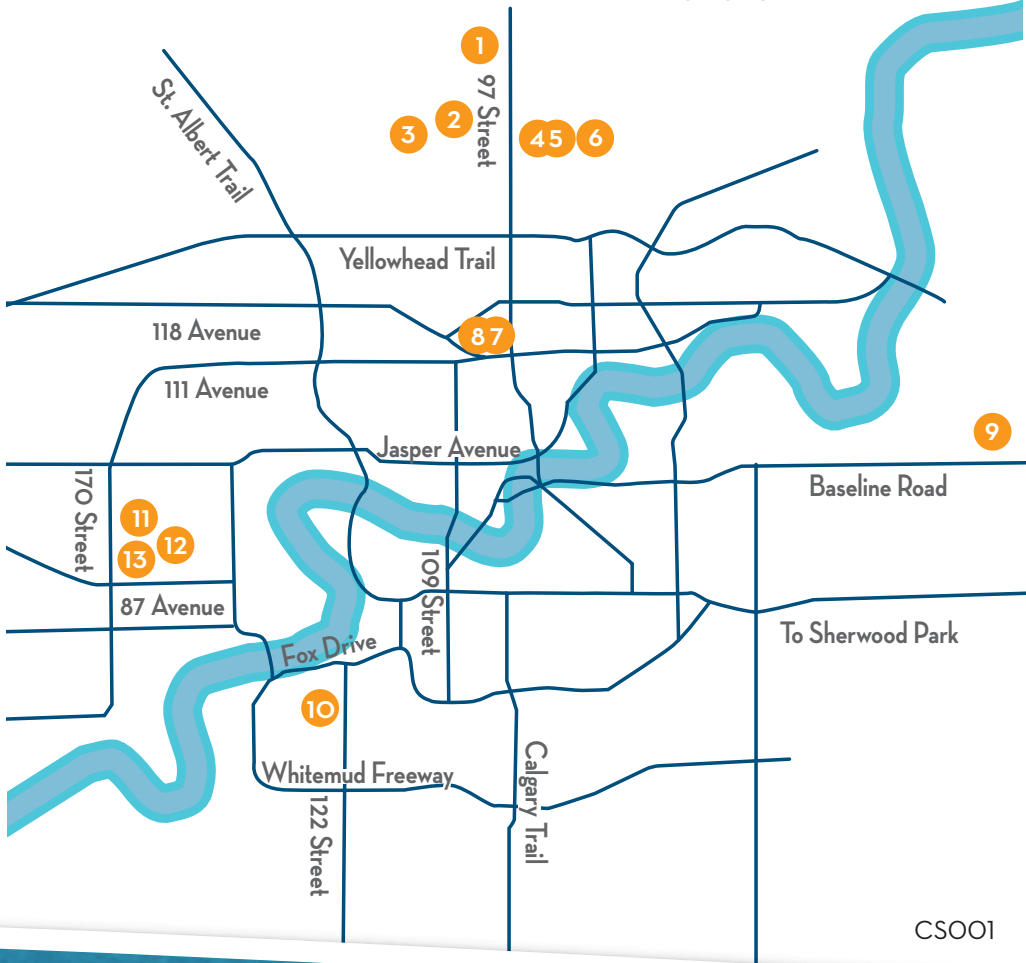
4 CHOICE Dickinsfield
780.371.6642
14225 – 94 Street NW
Edmonton, AB
T5E 6C6

5 Dickinsfield
780.371.6500
14225 – 94 Street NW
Edmonton, AB
T5E 6C6

6 McConnell Place North
780.496.2575
9113 – 144 Avenue NW
Edmonton, AB
T5E 6K2



6th Floor, 10909 Jasper Avenue
Edmonton, Alberta, Canada T5J 3M9
Tel: 780.448.2400
Fax: 780.496.7148
Email: info@capitalcare.net



CapitalCare is one of the largest public continuing care organizations in Canada. Operating in Edmonton and area since 1963, our 2,700 staff provide care and services for nearly 1,400 elderly and disabled adults living in our 10 care homes, as well as over 300 people living in the community who attend our CHOICE and other day programs.






Website
capitalcare.net



Facebook
capitalcare.edmonton



Twitter
@capitalcareYEG



YouTube
edmontoncapitalcare



Instagram
YEGCapitalCare

Putting People First

At CapitalCare we provide person-centred care. This means we strive to know each resident as an individual, respect their choices, and help them live fully.

We do this by:

- creating a comfortable and supportive environment
- offering and respecting individuality and choice
- supporting independence
- ensuring privacy and dignity
- valuing relationships
- partnering with family and community
- treating people with kindness

Family Involvement

- Family members are encouraged to have active involvement in the day-to-day life of loved ones.
- Family participation is needed and valued as part of the care team.

Community Partners

Volunteers, Auxiliaries and Service Clubs

These special groups bring their spirit and companionship, enriching lives through individual and centre activities, and providing valuable assistance with fundraising.

Vision

A community of continuing care excellence where people care for people

Mission

We provide person-centred care with dignity and kindness

Values

- Be Yourself
- Be Present
- Come from the Heart
- Put People First
- Empower Others
- Act Responsibly
- Work Together with Purpose
- Balance Living with Safety
- Grow and Learn

Educational Institutions

CapitalCare provides work experience for students and partners with educational institutions to support student practicums.

Research

CapitalCare participates in ongoing research with a focus on improving quality of life for our residents.

Supporting Care

The CapitalCare Foundation is a registered charity that raises funds to purchase equipment, provide education for staff, and support activities to improve life for individuals and staff.

Charitable Registration Number: 13874 8835 RR0001

Entering Continuing Care

An assessment by Alberta Health Services is required before you can access our programs and services. Call 780.496.1300 or visit www.albertahealthservices.ca (Click on Information For > Continuing Care/Seniors).

Take a
**VIRTUAL
TOUR**
of our centres
on our website



CapitalCare Programs and Services

Adult Day Programs

These programs play a key role in allowing people to remain living in the community as long as possible.

Basic Programs 2 5 9

Goal-oriented social and recreation activities, exercise, and assistance with the activities of daily living. At some centres, we offer health monitoring, assistance with medication, and specific programs for those with dementia.

Comprehensive (C.H.O.I.C.E.) Programs 3 4 7

These programs are for people with complex health needs. They offer the same services as basic adult day programs, plus professional healthcare and in-home support services. At some centres, we offer specific programs for those with dementia or complex mental health needs.

Designated Supportive Living (DSL)

These settings provide a home for people who need a higher level of onsite care and support. Health care aides (HCAs) and/or licensed practical nurses (LPNs) are onsite 24 hours/day.

Adult Duplexes (DSL3) 1

Two adjacent group homes for young adults (18-64). Situated in a residential neighbourhood.

Dementia Care Centres (DSL4D) 6 13

Single-storey, cottage-style homes designed specifically for people with mid-stage dementia who may wander. Residents have freedom to move indoors and out.

Laurier Houses Life Lease (DSL4) 9 11

Condominium-style living in a suite of your own. Opportunity to live with a spouse, companion, and/or pet. Not suited for individuals who may wander.



Long Term Care 2 5 8 9 10 12

These settings provide a home for people with complex health needs whose care cannot be safely provided in their own home or in supportive living. Registered nurses supervise care and physicians visit regularly. There is 24-hour onsite personal care and support provided by health care aides, licensed practical nurses and other healthcare professionals. Occupational, physical and recreation therapists, dieticians, and social workers are available depending on your assessed needs.

In addition to long-term care and dementia care, we offer the following specialized programs:

- Acquired Brain Injury 8
- Chronic Ventilator 8
- Enhanced Support 12
- Mental Health 12
- Respite Care 4 9 10
- Young Adult 5

Post Acute Programs

Care for people who need additional recovery time following an acute-care episode before returning home or to an alternate level of care. Our post-acute programs include the following specializations:

- Alternate Level of Care 8
- Restorative Care 8 10
- Wound Care/Plastics 8
- Arthroplasty 10
- Hip Fracture 10
- Orthopedic 10
- Sub-Acute Care 8

Palliative Care 8

Hospice care, comfort and support to people with a terminal illness.

see back of brochure
for map of locations