CAPITALCARE CENTRES

North

1. Adult Duplexes
   780.496.3355
   9935 – 176 Avenue NW
   Edmonton, AB
   T5X 5K2

2. Kipnes Centre for
   Veterans
   780.442.5700
   4470 McGregor Avenue NW
   Edmonton, AB
   T5E 6M8

3. CHOICE Mental Health
   780.944.8668
   14504 – 118 Street NW
   Edmonton, AB
   T5X 1T3

4. CHOICE Dickinsfield
   780.371.6642
   14225 – 94 Street NW
   Edmonton, AB
   T5X 6C6

5. Dickinsfield
   780.371.6500
   14225 – 94 Street NW
   Edmonton, AB
   T5X 6C6

6. McConnell Place North
   780.496.2575
   9113 – 144 Avenue NW
   Edmonton, AB
   T5E 6K2

Central

7. CHOICE Norwood
   780.944.8662
   10404 – 111 Avenue NW
   Edmonton, AB
   T5G 3A2

8. Norwood
   780.496.3200
   10410 – 111 Avenue NW
   Edmonton, AB
   T5G 3A2

East

9. Strathcona & Laurier
   House Strathcona
   780.467.3366
   12 Brower Drive
   Sherwood Park, AB
   T8H 1V3

South

10. Grandview
    780.496.7100
    6215 – 124 Street NW
    Edmonton, AB
    T6H 3V1

West

11. Laurier House
    Lynnwood
    780.413.4712
    16815 – 88 Avenue NW
    Edmonton, AB
    T5R 5Y7

12. Lynnwood
    780.341.2300
    8740 – 165 Street NW
    Edmonton, AB
    T5R 2R8

13. McConnell Place West
    780.413.4770
    8/20 – 165 Street NW
    Edmonton, AB
    T5R 5Y8

CapitalCare is one of the largest public continuing care organizations in Canada. Operating in Edmonton and area since 1963, our 2,700 staff provide care and services for nearly 1,400 elderly and disabled adults living in our 10 care homes, as well as over 300 people living in the community who attend our CHOICE and other day programs.
Putting People First
At CapitalCare we provide person-centred care. This means we strive to know each resident as an individual, respect their choices, and help them live fully.

We do this by:
• creating a comfortable and supportive environment
• offering and respecting individuality and choice
• supporting independence
• ensuring privacy and dignity
• valuing relationships
• partnering with family and community
• treating people with kindness

Family Involvement
• Family members are encouraged to have active involvement in the day-to-day life of loved ones.
• Family participation is needed and valued as part of the care team.

Community Partners
Volunteers, Auxiliaries and Service Clubs
These special groups bring their spirit and companionship, enriching lives through individual and centre activities, and providing valuable assistance with fundraising.

Educational Institutions
CapitalCare provides work experience for students and partners with educational institutions to support student practicums.

Research
CapitalCare participates in ongoing research with a focus on improving quality of life for our residents.

Supporting Care
The CapitalCare Foundation is a registered charity that raises funds to purchase equipment, provide education for staff, and support activities to improve life for individuals and staff.

Charitable Registration Number: 13874 8835 RR0001

Entering Continuing Care
An assessment by Alberta Health Services is required before you can access our programs and services. Call 780.496.1300 or visit www.albertahealthservices.ca (Click on Information For > Continuing Care/Seniors).

Vision
A community of continuing care excellence where people care for people

Mission
We provide person-centred care with dignity and kindness

Values
• Be Yourself
• Be Present
• Come From the Heart
• Put People First
• Empower Others
• Act Responsibly
• Work Together with Purpose
• Balance Living with Safety
• Grow and Learn

CapitalCare Programs and Services

Adult Day Programs
These programs play a key role in allowing people to remain living in the community as long as possible.

Basic Programs
Goal-oriented social and recreation activities, exercise, and assistance with the activities of daily living. At some centres, we offer health monitoring, assistance with medication, and specific programs for those with dementia.

Comprehensive (C.H.O.I.C.E.) Programs
These programs are for people with complex health needs. They offer the same services as basic adult day programs, plus professional healthcare and in-home support services. At some centres, we offer specific programs for those with dementia or complex mental health needs.

Dementia Care Centres (DSL4D)
These settings provide a home for people with dementia.

Designated Supportive Living (DSL)
These settings provide a home for people who need a higher level of onsite care and support. Health care aides (HCAs) and/or licensed practical nurses (LPNs) are onsite 24 hours/day.

Post Acute Programs
Care for people who need additional recovery time following an acute-care episode before returning home or to an alternate level of care. Our post-acute programs include the following specializations:

• Alternate Level of Care
• Restorative Care
• Wound Care/Plastics
• Arthroplasty
• Hip Fracture
• Orthopedic
• Sub-Acute Care

Palliative Care
Hospice care, comfort and support to people with a terminal illness.

Long Term Care
These settings provide a home for people with complex health needs whose care cannot be safely provided in their own home or in supportive living. Registered nurses supervise care and physicians visit regularly. There is 24-hour onsite personal care and support provided by health care aides, licensed practical nurses and other healthcare professionals. Occupational, physical and recreation therapists, dieticians, and social workers are available depending on your assessed needs.

In addition to long-term care and dementia care, we offer the following specialized programs:

• Acquired Brain Injury
• Chronic Ventilator
• Enhanced Support
• Mental Health
• Respite Care
• Young Adult