

WEEK 1	MONDAY – Day 1	TUESDAY – Day 2	WEDNESDAY – Day 3	THURSDAY – Day 4	FRIDAY – Day 5	SATURDAY – Day 6	SUNDAY– Day 7
LUNCH							
SOUP	Hearty Bean Medley Soup	Minestrone Soup	Chicken Noodle Soup	Homemade Tomato Bisque Soup	Clam Chowder Soup	Roasted Red Pepper Soup	Beef Vegetable Soup
SALAD		Pasta Salad					Waldorf Salad
MAIN ENTRÉE	<u>Assorted Sandwich & Wrap Platter:</u> Tuna Salad, Turkey, Egg Salad, Ham	Bone in Chicken Wings: Choice of Plain, BBQ, Sweet & Sour or Honey Mustard	Creamy Coleslaw w/ Pulled Pork Sandwich	Sweet & Sour Meatballs	Beef Burger with Lettuce, Tomato, Onion & Cheese Slice Ketchup, Relish, Mustard	Chicken Fajita Quesadilla w/Salsa & Sour Cream	Grilled Monte Cristo Sandwich
STARCH			Tater Tots	Steamed Rice		Tossed Green Salad	
VEGETABLE	Homemade Potato Salad			Peas	Steak Fries		
DESSERT	Diced Pears	Diced Peaches	Strawberry Pudding	Fruit Cocktail	Banana	Mandarins	Jell-o
SUPPER							
MAIN ENTRÉE	BBQ Bone in Rib	Ginger Beef W/ Sauce	Caribbean Chicken Breast	Breaded Pork Chop	Steamed Haddock w/Lemon Dill Sauce	Beef & Mushroom Tips	Roast Turkey with Stuffing & Cranberry Sauce
STARCH	Baked Potato (Sour Cream, Bacon Bits, Green Onion)	Steamed Noodles	Scalloped Potatoes	Fingerling Potato	Rice Pilaf w/Soy Sauce	Egg Noodles	Mashed Potatoes
VEGETABLE	Peas	Broccoli	California Veg	Cauliflower with Cheese Sauce	Pick of the day	French Green Beans	Carrots
DESSERT	Trifle	Tapioca Pudding	Chocolate Bread Pudding W/Vanilla Sauce	Oven Baked Apple Crisp	Assorted Ice Cream Dixie	Strawberry Vanilla Cake with Whipped Topping	Chocolate Crème Pie
Assorted Sandwiches offered at Lunch and Supper Dessert Cart offered at Lunch and Supper Beverage Cart (hot & cold) offered at Breakfast, Lunch and Supper							

WEEK 2	MONDAY – Day 8	TUESDAY – Day 9	WEDNESDAY – Day 10	THURSDAY – Day 11	FRIDAY – Day 12	SATURDAY – Day 13	SUNDAY– Day 14
LUNCH							
SOUP	Potato Chowder Soup	Tomato Macaroni Soup	Turkey Vegetable Soup	Cream Of Asparagus Soup	Vegetable Lentil Soup	Chicken Mushroom Soup	Beef Barley Soup
SALAD					Creamy Coleslaw		
MAIN ENTRÉE	Chicken Burger w/Mayo, Lettuce & Tomato	Chef Salad With choice of Dressing	Pickled Beet Salad	Salinas Salad	Homemade Fish & Chips Tartar Sauce Lemon Wedge	Bacon, Lettuce & Tomato Bunwich	Grilled Corn beef & Swiss Sandwich
STARCH			Grilled Ham & Cheese Sandwich	Grilled Pork Sausage			Onion Rings
VEGETABLE	Mixed Green Salad	Oven Baked Croissant		Potato Pancake with Sour Cream	Baked Steak Fries Ketchup	Tater Tots	
DESSERT	Mandarin Orange Sections	Jell-O	Coconut Pudding	Banana	Diced Peaches	Diced Pears	Fruit Cocktail
SUPPER							
MAIN ENTRÉE	Spaghetti & Meatballs	Chicken Picatta (Floured & Fried Chicken in a Lemon Caper Sauce)	Stuffed Sole Filet with Dill Sauce	Veal Cutlet with Red Wine Sauce	BBQ Roasted Chicken Thigh	Homemade Beef Stew	Festival Baked Ham
STARCH	Oven Baked Garlic Bread	Scalloped Potatoes	Steamed Rice	Mashed Potatoes	Roasted Creamer Potatoes	Mini Potato Roll with Margarine	Cheesy Mashed Potatoes
VEGETABLE	Broccoli	Julienne Carrots	French Green Beans	Creamed Corn	Assorted Mixed Vegetables	Sunrise Mix Vegetable	Baked Acorn Squash
DESSERT	Swiss Mocha Pudding	Creamy Blueberry Cheesecake	Rhubarb Pudding Cake	Coconut Macaroon Cookie	Tiramisu Mousse	Oven Baked Cherry Crisp	Boston Crème Pie
Assorted Sandwiches offered at Lunch and Supper Dessert Cart offered at Lunch and Supper Beverage Cart (hot & cold) offered at Breakfast, Lunch and Supper							

Regular Menu: Week 3 at a glance June 27-July 3, July 25-31, Aug 22-28, Sept 19-25, Oct 17-23, Nov 14-20, Dec 12-18, Jan 9-15, Feb 6-12, Mar 6-12, Apr 3-9, May 1-7, May 29-Jun 4

WEEK 3	MONDAY – Day 15	TUESDAY – Day 16	WEDNESDAY – Day 17	THURSDAY – Day 18	FRIDAY – Day 19	SATURDAY – Day 20	SUNDAY– Day 21
LUNCH							
SOUP	Cream of Mushroom Soup	Vegetable Soup	Cabbage Roll Soup	Borscht Soup	Wonton Soup	Cream of Leek Soup	Cream of Tomato Soup
SALAD	Tossed Greens	Caesar Salad	BLT Salad			Mix Green Salad	Tossed Salad
MAIN ENTRÉE	Homemade Macaroni Tomato & Cheese	Cheese Pizza	Vegetarian Lasagna	Garlic Sausage Perogies With Onions & Bacon Cabbage Roll & Tomato Sauce	Chicken Fried Rice	Teriyaki Turkey Burger w/ Pineapple Slice	Grilled Cheese Sandwich
STARCH		Baked Steak Fries			Vegetable Spring Roll with Plum Sauce	Steak Fries/Ketchup	Bread & Butter Pickles
VEGETABLE							
DESSERT	Butterscotch Pudding	Diced Pears	Diced Peaches	Banana	Vanilla Greek Yogurt	Fruit Cocktails	Mandarins
SUPPER							
MAIN ENTRÉE	Home-Style Chili with Shredded Cheese	Beef Stroganoff	Roast Pork W/ Mushroom Sauce	Her Roasted Chicken Breast/ Creamy Tomato Sauce	Baked Cajun Salmon w/Lemon Dill Sauce	Shrimp & Mushroom Linguini	Roast Beef ,Dinner Bun, Gravy/Horseradish
STARCH	Corn Meal Muffin	Egg Noodles	Oven Roasted Creamer Potato	Mashed Potatoes	Schwarties Potato	Oven Baked Cheese Bread	Mashed Potatoes
VEGETABLE	Carrots	Peas	Broccoli	Pick of the Day Vegetables	Green Beans	Oriental Vegetables	Diced Turnips
DESSERT	Rice Pudding	Peach Coffee Cake	Strawberry Cream Cheese Cookies	Chocolate Zucchini Cake	Rhubarb Custard Tart	Cherry Bars	Banana Crème Pie

Assorted Sandwiches offered at Lunch and Supper
 Dessert Cart offered at Lunch and Supper
 Beverage Cart (hot & cold) offered at Breakfast, Lunch and Supper

WEEK 4	MONDAY – Day 22	TUESDAY – Day 23	WEDNESDAY – Day 24	THURSDAY – Day 25	FRIDAY – Day 26	SATURDAY – Day 27	SUNDAY– Day 28
LUNCH							
SOUP	Mushroom Barley Soup	Corn Chowder Soup	Cream of Broccoli & Cheese Soup	Hamburger Soup	Beef Noodle Soup	Cream of Vegetable Soup	Onion Soup
SALAD	KFC Style Coleslaw	Greek Salad	All Beef Hot Dog Ketchup, Relish, Mustard Fried Onions	Quiche Lorraine	Waldorf Salad	Mixed Greens	Cheese Smokie
MAIN ENTRÉE	Crispy Chicken Drumstick	Dipped & Dusted Fish Sticks With Lemon Wedge & Tartar Sauce			Cheesy Pasta & Sausage	Chicken Strips (Fingers) With Plum Sauce	Roasted Potatoes
STARCH	Mini Potato Roll With Margarine	Potato Wedges Ketchup	Baked Beans	Tossed Salad			Caesar Salad
VEGETABLE						Baked Steak Fries	
DESSERT	Diced Pears	Sliced Strawberries	Jell-O	Fruit Cocktail	Watermelon	Mandarins	Mello- Jello
SUPPER							
MAIN ENTRÉE	Homemade BBQ Meatloaf	Sweet & Sour Pork	Teriyaki Beef Stir Fry with Vegetables & Sauce	Homemade Salisbury Steak W/ Peppers & Onions	Mango Pineapple Haddock	Shepherds Pie	Turkey Tetrazzini
STARCH	Ranch Potato	Steamed Rice W/ Soy Sauce	Steamed Noodles	Fingerling Roasted Potato	Steamed Rice With Soy Sauce		Mini Potato Roll
VEGETABLE	Harvard Beets	Sunrise Vegetables		Pick of the Day	French Green Beans	Diced Carrots	Broccoli Crowns
DESSERT	Homemade Carrot Cake	Homemade Banana Chocolate Chip Cookies	Glazed Donut	White Chocolate Macadamia nut Cookies	Homemade Butter Tarts	Chocolate Pudding Cake	Coconut Crème Pie
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