

CHOICE South Restorative

Comprehensive Home Option of Integrated Care for the Elderly (CHOICE) South Restorative

What is CHOICE South Restorative?

CHOICE South is a short-term, intensive rehabilitation program that partners with clients to improve their health and independence. This program is guided by a “work with you” approach, where clients are expected to be active participants in setting and working toward functional rehabilitation goals.



Who is eligible for CHOICE South Restorative care?

Adults who:

- are 55 years of age or older
- live in the community
- have a valid Alberta health care card
- are medically stable
- have an achievable functional goal that will promote independent living in the community.
- need treatment from two or more health professionals
- are able to attend individual and/or group programs for up to 6 hours per day, with flexibility to attend multiple days per week based on assessments.

What services are provided?

- Goal focused restorative interdisciplinary assessment from healthcare professionals such as: Physiotherapy, Occupational Therapy, Recreation Therapy and Social Work
- Nursing assessment, monitoring and treatment
- Personal care assistance to help with activities of daily living and other needs while at the program
- Health and wellness education
- Case management for assessment, coordination of care and assistance with accessing supports as needed

Location

CHOICE South Restorative, 9839 31 Avenue NW, T6N 1C8, Edmonton, AB.

How do I access these services?

To see if the CHOICE South Restorative Program is right for you, talk to your AHS Case Manager or Continuing Care Access at 780-496-1300. You need reliable transportation and are responsible for transportation costs.