

FALL WINTER RESIDENT MENU 2021 - 2022

Regular Menu: Week 1 at a glance

Nov 1-7, 22-28, Dec 13-19, Jan 3-9, Jan 24-30, Feb 14-20, Mar 7-13, Mar 28-Apr 3, Apr 18-24, May 9-15

*MENU SUBJECT TO CHANGE

WEEK 1	MONDAY – Day 1	TUESDAY – Day 2	WEDNESDAY – Day 3	THURSDAY – Day 4	FRIDAY – Day 5	SATURDAY – Day 6	SUNDAY– Day 7
LUNCH							
SOUP	Chicken Lentil & Wild Rice	Roasted Red Pepper	Butternut Squash	Cream of Vegetable	Chicken Noodle	Cream of Tomato	Butternut Squash
SALAD	Coleslaw	Tossed Salad	Tossed Salad	Garden Salad	Pickled Beet Salad	Bean Salad	Caesar Salad
MAIN ENTRÉE	Tomato Basil Pork Gravy	Tater Tot Casserole	Assorted Sandwiches	Sausage Link	Steamed Salmon with Teriyaki Sauce	Grilled Cheese Sandwich	Butter Chicken
STARCH	Scalloped Potatoes			Potato Pancake	Roasted Parisian Potato		Rice or Mashed Potatoes
VEGETABLE	Diced Turnips	Northwest Mixed Vegetables	Dill Pickle	Yellow Beans	Carrots and Peas	Bread and Butter Pickles	Green Beans
DESSERT	Cinnamon Apple Slices	Mandarin Orange Sections	Diced Pears	Nana's Banana Cake	Ice Cream	Mello Jello	Diced Pears
SUPPER							
MAIN ENTRÉE	Turkey Stew	Lemon Lime Chicken	Salisbury Steak with Gravy	Chicken Oscar w/ Hollandaise Sauce	Beef and Mushroom Pot Pie with Gravy	Pot Roast with Gravy	Roast Turkey with Gravy Cranberry Sauce
STARCH	Brioche Bun	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes		Mashed Potatoes	Mashed Potatoes Dressing
VEGETABLE	Broccoli & Cauliflower	Pease	Corn	Pick of the Day	Diced Squash	Julienne Carrots	Roasted Cauliflower
DESSERT	Pumpkin Mousse	Caramel Vanilla Swirl Cake	Apple Crisp with Whipped Topping	Cocoa Deep Chocolate Cake	Lemon Cake	Tapioca Pudding	Coconut Cream Pie

Breakfast Menu consists of the following items: Juice (Apple, Orange, Cranberry), Cereal (Hot, Cold), Protein (Egg, Yogurt) and Starch (Toast, Muffin). Selections will vary by day.
 Assorted Sandwiches offered at Lunch and Supper
 Hot and Cold Beverages offered at Breakfast, Lunch and Supper

FALL WINTER RESIDENT MENU 2021 – 2022

Regular Menu: Week 2 at a glance

Nov 8-14, Nov 29-Dec 5, Dec 20-26, Jan 10-16, Jan 31-Feb 6, Feb 21-27, Mar 14-20, Apr 4-10, Apr 25-May 1, May 16-22
CHANGE

*MENU SUBJECT TO

WEEK 2	MONDAY – Day 8	TUESDAY – Day 9	WEDNESDAY – Day 10	THURSDAY – Day 11	FRIDAY – Day 12	SATURDAY – Day 13	SUNDAY – Day 14
LUNCH							
SOUP	Cream of Chicken	Turkey Lentil & Vegetable	Cream of Broccoli	Tomato Bisque	Cream of Potato	Chicken Noodle	Hamburger Soup
SALAD	Tossed Salad	Mixed Greens	Bean Salad	Mixed Greens	Coleslaw	Tossed Salad	Tossed Salad
MAIN ENTRÉE	Veal Cordon Swiss	Macaroni & Cheese Sausage	Chicken Strips with Plum Sauce	Pork Souvlaki	English Style Fish/Tartar Sauce	Cranberry Chicken Thighs	Assorted Sandwiches Sliced Turkey & Mayo
STARCH	Mashed Potatoes		Fries	Mashed Potatoes	Roasted Parisian Potato	Steamed Potatoes	Salmon Salad
VEGETABLE	4 Way Mixed Vegetable	Beets	Broccoli & Cheese Sauce	Kernel Corn	French Style Green Beans	Parslied Cauliflower	Egg Salad
DESSERT	Fruit Cocktail	Diced Peaches	Diced Apricots	Mandarin Orange Sections	Fruit Cocktail	Diced Peaches	Diced Pears
SUPPER							
MAIN ENTRÉE	Roast Pork with Gravy	Herb Roasted Chicken	Pasta with Meatballs	Grilled Liver w/ Onions	Honey Garlic Pork (2 nd Floor: Spring Rolls/Plum Sauce)	Corned Beef with Gravy	Baked Ham with Pineapple Sauce
STARCH	Swarties Potatoes	Mashed Potatoes	Brioche Bun	Mashed Potatoes	Rice Pilaf	Baked Potato Sour Cream and Green Onions	Scalloped Potatoes
VEGETABLE	Braised Cabbage	Brussel Sprouts	Peas	Dill Carrots	Oriental Mixed Vegetables	Corn	California Mixed Vegetables
DESSERT	Date Square	Tiramisu Mousse	Chocolate Fudge Cake	Pecan Streusel Cake	Boston Cream Cake	Yogurt with Berries	Brownies w/ Ice Cream

Breakfast Menu consists of the following items: Juice (Apple, Orange, Cranberry), Cereal (Hot, Cold), Protein (Egg, Yogurt) and Starch (Toast, Muffin). Selections will vary by day.
Assorted Sandwiches offered at Lunch and Supper
Hot and Cold Beverages offered at Breakfast, Lunch and Supper

FALL WINTER RESIDENT MENU 2021 – 2022

Regular Menu: Week 3 at a glance

Nov 15-21, Dec 6-12, Dec 27-Jan 2, Jan 17-23, Feb 7-13, Feb 28-Mar 6, Mar 21-27, Apr 11-17, May 2-8, May 23-29 *MENU SUBJECT TO CHANGE

WEEK 3	MONDAY – Day 15	TUESDAY – Day 16	WEDNESDAY – Day 17	THURSDAY – Day 18	FRIDAY – Day 19	SATURDAY – Day 20	SUNDAY– Day 21
LUNCH							
SOUP	Cream of Cauliflower with Cheese	Beef Noodle	Cream of Celery	Cream of Mushroom	Borscht	Alphabet Lentil	Clam Chowder
SALAD	Mixed Greens	Apple Cranberry Coleslaw	Macaroni Salad	Crunchy Salad	Tossed Salad	Garden Salad	Tossed Salad
MAIN ENTRÉE	Mini Hot Dog with Diced Onions Baked Beans	Pasta Primavera	Crispy Chicken	Turkey Schnitzel	Garlic Sausage	Beef Lasagna	Assorted Sandwich/ Croissant Platter
STARCH			Sweet Potato Fries	Mashed Potatoes	Perogies Diced onions, Bacon Bits, sour Cream	Garlic Bread	Croissant Tuna Salad Egg Salad
VEGETABLE	Sauerkraut	Peas	Kernel Corn	Mixed Vegetable	Rice Cabbage Roll Casserole	Roasted Cajun Vegetables	
DESSERT	Stewed Strawberries/Rhubarb	Home Baked Cookie	Diced Peaches	Mandarin Orange Sections	Diced Apricots	Fruit Cocktail	Diced Pears
SUPPER							
MAIN ENTRÉE	Moroccan Chicken with Gravy	Shepherd's Pie with Gravy	BBQ Ribs	Italian Roasted Chicken	Parsley Salmon Filet Dill Sauce/Lemon Wedge	Chicken Curry	Roast Beef With Gravy
STARCH	Parslied Potatoes	Parmesan Broccoli	Baked Potato, Sour Cream, Green Onions	Parmesan Potato Wedges	Roasted Potatoes	Mashed Potatoes or Rice	Mashed Potatoes
VEGETABLE	Yellow Beans		Butternut Squash	Harvard Beets	Bistro Mixed Vegetables	Italian Mixed Vegetables	Brussel Spouts w/ Cheese Sauce
DESSERT	Assorted Loaves	Cheesecake with Blueberry Sauce	Swiss Mocha Pudding	Cinnamon Bun Cake	Banana Bread	Chocolate Silk Truffle Bar	Vanilla Pudding with Whipped Topping

Breakfast Menu consists of the following items: Juice (Apple, Orange, Cranberry), Cereal (Hot, Cold), Protein (Egg, Yogurt) and Starch (Toast, Muffin). Selections will vary by day.

Assorted Sandwiches offered at Lunch and Supper

Hot and Cold Beverages offered at Breakfast, Lunch and Supper