

| <b>BREAKFAST</b>                              | <b>REGULAR</b>                                                                                                       | <b>DYSPHAGIA SOFT</b>                                                                                                | <b>MINCED</b>                                                                                                        | <b>PUREED</b>                      |
|-----------------------------------------------|----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------|
| <b>JUICE</b>                                  | Assorted Chilled Fruit Juice (4oz)                                                                                   | Assorted Chilled Fruit Juice (4oz)                                                                                   | Assorted Chilled Fruit Juice (4oz)                                                                                   | Assorted Chilled Fruit Juice (4oz) |
| <b>CEREAL</b>                                 | Cream of Wheat with Flax (6oz)<br>Choice of Cold Cereal                                                              | Cream of Wheat with Flax (6oz)<br>Choice of Cold Cereal                                                              | Cream of Wheat with Flax (6oz)<br>Choice of Cold Cereal                                                              | Cream of Wheat with Flax (6oz)     |
| <b>ENTRÉE</b><br><br><b>Muffin of the Day</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Toast (2 x ½ sl.) / Assorted Jam<br><b>Chocolate Banana Muffin (1)</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Toast (2 x ½ sl.) / Assorted Jam<br><b>Chocolate Banana Muffin (1)</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Toast (2 x ½ sl.) / Assorted Jam<br><b>Chocolate Banana Muffin (1)</b> | Apple Blended Breakfast (#6)       |

| <b>LUNCH</b>   | <b>REGULAR</b>                                                                                                                                     | <b>DYSPHAGIA SOFT</b>                                                                                                                              | <b>MINCED</b>                                                        | <b>PUREED</b>                                                                   |
|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------------------------------|
| <b>SOUP</b>    | Hearty Bean Medley Soup (6oz)                                                                                                                      | Pureed Hearty Bean Medley Soup (6oz)                                                                                                               | Pureed Hearty Bean Medley Soup (6oz)                                 | Pureed Hearty Bean Medley Soup (6oz)                                            |
| <b>SALAD</b>   | <b>Homemade Potato Salad (#20)</b>                                                                                                                 | <b>Homemade Minced Potato Salad (#20)</b>                                                                                                          | <b>Homemade Minced Potato Salad (#20)</b>                            |                                                                                 |
| <b>ENTRÉE</b>  | <b>ASSORTED SANDWICH AND WRAP PLATTER</b><br>Tuna Salad<br>Egg Salad<br>Shaved Ham Shredded Lettuce Mustard<br>Shaved Turkey Shredded Lettuce Mayo | <b>ASSORTED SANDWICH AND WRAP PLATTER</b><br>Tuna Salad<br>Egg Salad<br>Shaved Ham Shredded Lettuce Mustard<br>Shaved Turkey Shredded Lettuce Mayo | <b>ASSORTED SANDWICH AND WRAP PLATTER</b><br>Tuna Salad<br>Egg Salad | Trepuree Beef Old Fashioned (1)<br><br>Dilled Red Potato<br><br>Pureed Broccoli |
| <b>DESSERT</b> | Diced Pears (#8)                                                                                                                                   | Diced Pears (#8)                                                                                                                                   | Pureed Pears (#8)                                                    | Pureed Pears (#8)                                                               |

| <b>SUPPER</b>  | <b>REGULAR</b>                                                                                                                                                             | <b>DYSPHAGIA SOFT</b>                                                                                                                                               | <b>MINCED</b>                                                                         | <b>PUREED</b>                                                                    |
|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| <b>ENTRÉE</b>  | 1. BBQ Bone in Rib (1)<br>2. Honey Garlic Rib (1)<br>OR<br>Beef Pot Pie (1 sl.)<br><br>Baked Potato (1)<br>(Sour Cream, Bacon Bits, Green Onion)<br><br>Garden Peas (3 oz) | 1. BBQ Bone in Rib (1) - cut up<br>2. Honey Garlic Rib (1) - cut up<br>OR<br>Beef Pot Pie (1 sl.)<br><br>Baked Potato (1)<br>(Sour Cream)<br><br>Garden Peas (3 oz) | Minced Pork (#12) BBQ Sauce<br><br>Mashed Potato (#20) Gravy<br><br>Minced Peas (#12) | Trepuree BBQ Pork (1)<br><br>Pureed Homestyle Potato<br><br>Pureed Buttered Corn |
| <b>DESSERT</b> | <b>Carrot Cake/Cream Cheese Icing (1 slice)</b>                                                                                                                            | Carrot Cake/Cream Cheese Icing (1 slice)                                                                                                                            | Carrot Cake/Cream Cheese Icing (1 slice)                                              | Pureed Carrot Cake/Cream Cheese Icing                                            |

| <b>SANDWICH</b> | <b>REGULAR</b>                                                      | <b>DYSPHAGIA SOFT</b>                  | <b>MINCED</b>                          | <b>PUREED</b>                                             |
|-----------------|---------------------------------------------------------------------|----------------------------------------|----------------------------------------|-----------------------------------------------------------|
| <b>Supper</b>   | Cream Cheese and Cucumber<br>Peanut Butter and Jam<br>Chicken Salad | Peanut Butter and Jam<br>Chicken Salad | Peanut Butter and Jam<br>Chicken Salad | Alternate: Trepuree Turkey Roast<br>Trepuree Fish Newburg |

| <b>BREAKFAST</b>                              | <b>REGULAR</b>                                                                                                     | <b>DYSPHAGIA SOFT</b>                                                                                              | <b>MINCED</b>                                                                                                      | <b>PUREED</b>                      |
|-----------------------------------------------|--------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|------------------------------------|
| <b>JUICE</b>                                  | Assorted Chilled Fruit Juice (4oz)                                                                                 | Assorted Chilled Fruit Juice (4oz)                                                                                 | Assorted Chilled Fruit Juice (4oz)                                                                                 | Assorted Chilled Fruit Juice (4oz) |
| <b>CEREAL</b>                                 | Rolled Oats with Flax (6oz)<br>Choice of Cold Cereal                                                               | Rolled Oats with Flax (6oz)<br>Choice of Cold Cereal                                                               | Rolled Oats with Flax (6oz)<br>Choice of Cold Cereal                                                               | Rolled Oats with Flax (6oz)        |
| <b>ENTRÉE</b><br><br><b>Muffin of the Day</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Toast (2 x ½ sl.) / Assorted Jam<br><b>Blueberry Bran Muffin (1)</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Toast (2 x ½ sl.) / Assorted Jam<br><b>Blueberry Bran Muffin (1)</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Toast (2 x ½ sl.) / Assorted Jam<br><b>Blueberry Bran Muffin (1)</b> | Vanilla Blended Breakfast (#6)     |

| <b>LUNCH</b>   | <b>REGULAR</b>                                    | <b>DYSPHAGIA SOFT</b>                                  | <b>MINCED</b>                                          | <b>PUREED</b>                                                                 |
|----------------|---------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------------------------------------|
| <b>SOUP</b>    | Minestrone Soup (6oz)                             | Pureed Minestrone Soup (6oz)                           | Pureed Minestrone Soup (6oz)                           | Pureed Minestrone Soup (6oz)                                                  |
| <b>SALAD</b>   | <b>Tossed Salad with Choice of Dressing</b>       | <b>Minced Tossed Salad with Choice of Dressing</b>     | <b>Minced Tossed Salad with Choice of Dressing</b>     |                                                                               |
| <b>ENTRÉE</b>  | <b>Montecristo Sandwich</b><br><b>Dill Pickle</b> | <u>Choice of Sandwich</u><br>Turkey Salad<br>Ham Salad | <u>Choice of Sandwich</u><br>Turkey Salad<br>Ham Salad | Trepuree Turkey A La King (1)<br><br>Pureed Pasta<br><br>Pureed Buttered Peas |
| <b>DESSERT</b> | Diced Peaches (#8)                                | Diced Peaches (#8)                                     | Pureed Peaches (#8)                                    | Pureed Peaches (#8)                                                           |

| <b>SUPPER</b>  | <b>REGULAR</b>                                                                                                                                       | <b>DYSPHAGIA SOFT</b>                                                                                                                                                | <b>MINCED</b>                                                                                    | <b>PUREED</b>                                                                           |
|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| <b>ENTRÉE</b>  | Swedish Meatballs 3 per Svg<br>OR<br>Chicken Oscar (Breast)<br>(Crab and Hollandaise Sauce)<br><br>Scalloped Potato (#20)<br><br>Diced Carrots (3oz) | Cut up Swedish Meatballs 3 per Svg<br>OR<br>Chicken Oscar (Breast - Cut Up)<br>(Crab and Hollandaise Sauce)<br><br>Scalloped Potato (#20)<br><br>Diced Carrots (3oz) | Minced Beef (#12) Beef Gravy<br><br><br>Scalloped Potato (#20) Gravy<br><br>Minced Carrots (#12) | Trepuree Beef Stroganoff (1)<br><br><br>Pureed Dilled Red Potato<br><br>Pureed Broccoli |
| <b>DESSERT</b> | Orange Sherbet (1)                                                                                                                                   | Orange Sherbet (1)                                                                                                                                                   | Orange Sherbet (1)                                                                               | Orange Sherbet (1)                                                                      |

| <b>SANDWICH</b>           | <b>REGULAR</b>                                                 | <b>DYSPHAGIA SOFT</b>                                          | <b>MINCED</b>           | <b>PUREED</b>                                            |
|---------------------------|----------------------------------------------------------------|----------------------------------------------------------------|-------------------------|----------------------------------------------------------|
| <b>Lunch &amp; Supper</b> | Egg Salad<br>Tuna Salad<br>Shaved Turkey Shredded Lettuce Mayo | Egg Salad<br>Tuna Salad<br>Shaved Turkey Shredded Lettuce Mayo | Egg Salad<br>Tuna Salad | Alternate: Trepuree Pork Roast<br>Trepuree Chicken Roast |

| <b>BREAKFAST</b>         | <b>REGULAR</b>                                                                                                    | <b>DYSPHAGIA SOFT</b>                                                                                             | <b>MINCED</b>                                                                                                     | <b>PUREED</b>                      |
|--------------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|------------------------------------|
| <b>JUICE</b>             | Assorted Chilled Fruit Juice (4oz)                                                                                | Assorted Chilled Fruit Juice (4oz)                                                                                | Assorted Chilled Fruit Juice (4oz)                                                                                | Assorted Chilled Fruit Juice (4oz) |
| <b>CEREAL</b>            | Oat Bran (6oz)<br>Choice of Cold Cereal                                                                           | Oat Bran (6oz)<br>Choice of Cold Cereal                                                                           | Oat Bran (6oz)<br>Choice of Cold Cereal                                                                           | Oat Bran (6oz)                     |
| <b>ENTRÉE</b>            | Choice of Egg (Poached, Boiled, Scrambled)<br><br>Toast (2 x ½ sl.) / Assorted Jam<br><b>Pineapple Muffin (1)</b> | Choice of Egg (Poached, Boiled, Scrambled)<br><br>Toast (2 x ½ sl.) / Assorted Jam<br><b>Pineapple Muffin (1)</b> | Choice of Egg (Poached, Boiled, Scrambled)<br><br>Toast (2 x ½ sl.) / Assorted Jam<br><b>Pineapple Muffin (1)</b> | Banana Blended Breakfast (#6)      |
| <b>Muffin of the Day</b> |                                                                                                                   |                                                                                                                   |                                                                                                                   |                                    |

| <b>LUNCH</b>   | <b>REGULAR</b>                                                             | <b>DYSPHAGIA SOFT</b>                                                                                   | <b>MINCED</b>                                                      | <b>PUREED</b>                                               |
|----------------|----------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|-------------------------------------------------------------|
| <b>SOUP</b>    | Chicken Noodle Soup (6oz)                                                  | Pureed Chicken Noodle Soup (6oz)                                                                        | Pureed Chicken Noodle Soup (6oz)                                   | Pureed Chicken Noodle Soup (6oz)                            |
| <b>SALAD</b>   | <b>Waldorf Salad (spoodle)</b>                                             | <b>Minced Waldorf Salad (#20)</b>                                                                       | <b>Minced Waldorf Salad (#20)</b>                                  |                                                             |
| <b>ENTRÉE</b>  | Bacon Lettuce Tomato Toasted Sandwich<br><br><b>Fries(Curly or Skinny)</b> | <b>Choice of Sandwich of the Day</b><br>Shaved Beef Shredded Lettuce Mustard<br>Egg Salad<br>Crab Salad | Minced Pork (#12) Pork Gravy<br><br>Mashed Potato (#20) Pork Gravy | Trepuree Ham (1)<br><br>Pureed Carrot<br><br>Pureed Turnips |
| <b>DESSERT</b> | Strawberry Pudding (#8) Whipped Topping                                    | Strawberry Pudding (#8) Whipped Topping                                                                 | Strawberry Pudding (#8) Whipped Topping                            | Strawberry Pudding (#8) Whipped Topping                     |

| <b>SUPPER</b>  | <b>REGULAR</b>                                                                                                                                            | <b>DYSPHAGIA SOFT</b>                                                                                                                                            | <b>MINCED</b>                                                                                                         | <b>PUREED</b>                                                                          |
|----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| <b>ENTRÉE</b>  | <b>Tourtiere(meat and potato pie)/Beef Gravy</b><br>OR<br>Garlic Parmesan Chicken Thigh (1)<br><br>Mashed Potato (#20) Gravy<br><br>Brussel Sprouts (3oz) | Tourtiere(meat and potato pie)/Beef Gravy<br>OR<br>Cut-Up Garlic Parmesan Chicken Thigh (1)<br><br>Mashed Potato (#20) Gravy<br><br>Minced Brussel Sprouts (#12) | Minced Tourtiere(meat and potato pie)/Beef Gravy<br><br>Mashed Potato (#20) Gravy<br><br>Minced Brussel Sprouts (#12) | Trepuree Roasted Chicken (1)<br><br>Pureed Golden Potatoes<br><br>Pureed Buttered Peas |
| <b>DESSERT</b> | Chocolate Cream Pie                                                                                                                                       | Chocolate Cream Pie                                                                                                                                              | Chocolate Cream Pie                                                                                                   | Pureed Chocolate Cake (#8) Whipped Topping                                             |

| <b>SANDWICH</b>         | <b>REGULAR</b>                                                  | <b>DYSPHAGIA SOFT</b>                                           | <b>MINCED</b>           | <b>PUREED</b>                                           |
|-------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|-------------------------|---------------------------------------------------------|
| <b>Lunch and Supper</b> | Shaved Beef Shredded Lettuce Mustard<br>Egg Salad<br>Crab Salad | Shaved Beef Shredded Lettuce Mustard<br>Egg Salad<br>Crab Salad | Egg Salad<br>Crab Salad | Alternate: Trepuree Beef Roast<br>Trepuree Turkey Roast |

| <b>BREAKFAST</b>         | <b>REGULAR</b>                                                                                                                           | <b>DYSPHAGIA SOFT</b>                                                                                                    | <b>MINCED</b>                                                                                                     | <b>PUREED</b>                      |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|------------------------------------|
| <b>JUICE</b>             | Assorted Chilled Fruit Juice (4oz)                                                                                                       | Assorted Chilled Fruit Juice (4oz)                                                                                       | Assorted Chilled Fruit Juice (4oz)                                                                                | Assorted Chilled Fruit Juice (4oz) |
| <b>CEREAL</b>            | Cream of Wheat with Flax (6oz)<br>Choice of Cold Cereal                                                                                  | Cream of Wheat with Flax (6oz)<br>Choice of Cold Cereal                                                                  | Cream of Wheat with Flax (6oz)<br>Choice of Cold Cereal                                                           | Cream of Wheat with Flax (6oz)     |
| <b>ENTRÉE</b>            | Choice of Egg (Poached, Boiled, Scrambled)<br>Raisin Toast (2 x ½ sl.) / Assorted Jam<br>Hash Brown Patty<br><b>Cranberry Muffin (1)</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Raisin Toast (2 x ½ sl.) / Assorted Jam<br><br><b>Cranberry Muffin (1)</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Toast (2 x ½ sl.) / Assorted Jam<br><br><b>Cranberry Muffin (1)</b> | Maple Blended Breakfast (#6)       |
| <b>Muffin of the Day</b> |                                                                                                                                          |                                                                                                                          |                                                                                                                   |                                    |

| <b>LUNCH</b>   | <b>REGULAR</b>                                                                                                  | <b>DYSPHAGIA SOFT</b>                                                                             | <b>MINCED</b>                                           | <b>PUREED</b>                                                                    |
|----------------|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|---------------------------------------------------------|----------------------------------------------------------------------------------|
| <b>SOUP</b>    | Homemade Tomato Bisque Soup (6oz)                                                                               | Homemade Tomato Bisque Soup (6oz)                                                                 | Homemade Tomato Bisque Soup (6oz)                       | Pureed Tomato Bisque Soup (6oz)                                                  |
| <b>SALAD</b>   | <b>Tossed Salad (spoodle)</b>                                                                                   | <b>Minced Tossed Salad (#20)</b>                                                                  | <b>Minced Tossed Salad (#20)</b>                        |                                                                                  |
| <b>ENTRÉE</b>  | <b>Hot Hamburger Sandwich/Gravy</b><br><b>(hamburger patty on a slice of bread topped</b><br><b>with gravy)</b> | Cut-Up Hot Hamburger Sandwich/Gravy<br>(hamburger patty on a slice of bread topped<br>with gravy) | Minced Beef(#12) Gravy<br><br>Mashed Potato (#20) Gravy | Trepuree Chicken Italiano (1)<br><br>Pureed Macaroni<br><br>Pureed Herbed Tomato |
| <b>DESSERT</b> | Fruit Cocktail (#8)                                                                                             | Fruit Cocktail (#8)                                                                               | Pureed Fruit Cocktail (#8)                              | Pureed Fruit Cocktail (#8)                                                       |

| <b>SUPPER</b>  | <b>REGULAR</b>                                                                                                                   | <b>DYSPHAGIA SOFT</b>                                                                                                           | <b>MINCED</b>                                                                                                         | <b>PUREED</b>                                                                       |
|----------------|----------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <b>ENTRÉE</b>  | Breaded Pork Chop (3oz)<br>OR<br>Shaved Beef (3oz) Gravy<br><br>Fingerling Potato (2)<br><br>Cauliflower with Cheese Sauce (3oz) | Cut-Up Pork Chop (3oz)<br>OR<br>Shaved Beef (3oz) Gravy<br><br>Fingerling Potato (2)<br><br>Cauliflower with Cheese Sauce (3oz) | Minced Tyrkey (#12) Beef Gravy<br><br><br>Mashed Potato (#20) Gravy<br><br>Minced Cauliflower with Cheese Sauce (#12) | Trepuree Beef Old Fashioned (1)<br><br><br>Dilled Red Potato<br><br>Pureed Broccoli |
| <b>DESSERT</b> | Oven Baked Cherry Crisp (#16)                                                                                                    | Oven Baked Cherry Crisp (#16)                                                                                                   | Oven Baked Cherry Crisp (#16) - no Topping                                                                            | Pureed Cherry Crisp (#16) Whipped Topping                                           |

| <b>SANDWICH</b>           | <b>REGULAR</b>                                                                       | <b>DYSPHAGIA SOFT</b>                                                                | <b>MINCED</b> | <b>PUREED</b>                                           |
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| <b>Lunch &amp; Supper</b> | Egg Salad<br>Bologna Shredded Lettuce Mustard<br>Shaved Ham Shredded Lettuce Mustard | Egg Salad<br>Bologna Shredded Lettuce Mustard<br>Shaved Ham Shredded Lettuce Mustard | Egg Salad     | Alternate: Trepuree Fish Newburg<br>Trepuree Pork Roast |

| <b>BREAKFAST</b>                          | <b>REGULAR</b>                                                                                               | <b>DYSPHAGIA SOFT</b>                                                                                        | <b>MINCED</b>                                                                                                | <b>PUREED</b>                      |
|-------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|------------------------------------|
| <b>JUICE</b>                              | Assorted Chilled Fruit Juice (4oz)                                                                           | Assorted Chilled Fruit Juice (4oz)                                                                           | Assorted Chilled Fruit Juice (4oz)                                                                           | Assorted Chilled Fruit Juice (4oz) |
| <b>CEREAL</b>                             | Rolled Oats with Flax (6oz)<br>Choice of Cold Cereal                                                         | Rolled Oats with Flax (6oz)<br>Choice of Cold Cereal                                                         | Rolled Oats with Flax (6oz)<br>Choice of Cold Cereal                                                         | Rolled Oats with Flax (6oz)        |
| <b>ENTRÉE</b><br><b>Muffin of the Day</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Fruit Pancake (1) Maple Syrup<br><br><b>Oatmeal Muffin (1)</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Fruit Pancake (1) Maple Syrup<br><br><b>Oatmeal Muffin (1)</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Fruit Pancake (1) Maple Syrup<br><br><b>Oatmeal Muffin (1)</b> | Carrot Blended Breakfast (#6)      |

| <b>LUNCH</b>   | <b>REGULAR</b>                                                                                                      | <b>DYSPHAGIA SOFT</b>                                                                                               | <b>MINCED</b>                                                        | <b>PUREED</b>                                                                    |
|----------------|---------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|----------------------------------------------------------------------------------|
| <b>SOUP</b>    | Clam Chowder Soup (6oz)                                                                                             | Pureed Clam Chowder Soup (6oz)                                                                                      | Pureed Clam Chowder Soup (6oz)                                       | Pureed Clam Chowder Soup (6oz)                                                   |
| <b>SALAD</b>   | <b>Pickled Beet Salad (spoodle)</b>                                                                                 | <b>Minced Pickled Beet Salad (#20)</b>                                                                              | <b>Minced Pickled Beet Salad (#20)</b>                               |                                                                                  |
| <b>ENTRÉE</b>  | <b>Breaded Chicken Burger on a Bun</b><br><br>Served with Shredded Lettuce, Tomato and Mayo<br>Steak Fries /Ketchup | Breaded Chicken Burger-Bun on the Side<br><br>Served with Shredded Lettuce, Tomato and Mayo<br>Steak Fries /Ketchup | Minced Turkey (#12) Beef Gravy<br><br>Mashed Potato (#20) Beef Gravy | Trepuree Beef Roast (1)<br><br>Pureed Parsley Potato<br><br>Pureed Nutmeg Carrot |
| <b>DESSERT</b> | Banana (1)                                                                                                          | Banana (1)                                                                                                          | Banana (1) Mashed with Fork                                          | Applesauce (#8)                                                                  |

| <b>SUPPER</b>  | <b>REGULAR</b>                                                                                                                                                  | <b>DYSPHAGIA SOFT</b>                                                                                                                                                        | <b>MINCED</b>                                                                                                    | <b>PUREED</b>                                                                     |
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| <b>ENTRÉE</b>  | Grilled Garlic Sausage (3oz)<br>OR<br>Herb Roasted Chicken Drumstick (1)<br><br>Perogies (2)<br>(Bacon, Onion, Sour Cream)<br><br>Cabbage Roll (1) Tomato Sauce | Cut-Up Grilled Garlic Sausage (3oz)<br>OR<br>Cut-Up Herb Roasted Chicken Drumstick (1)<br><br>Cut-Up Perogies (2) , Sour Cream<br><br>Minced Cabbage Roll (#12) Tomato Sauce | Minced Garlic Sausage (#12) Gravy<br><br>Mashed Potato (#20) Gravy<br><br>Minced Cabbage Roll (#12) Tomato Sauce | Pureed Pork Roast (1)<br><br>Pureed Savory Potato<br><br>Pureed Carrot A L'Orange |
| <b>DESSERT</b> | Choice of Ice Cream Dixie (1)<br>Vanilla, Butterscotch, Chocolate, Strawberry                                                                                   | Choice of Ice Cream Dixie (1)<br>Vanilla, Butterscotch, Chocolate, Strawberry                                                                                                | Choice of Ice Cream Dixie (1)<br>Vanilla, Butterscotch, Chocolate, Strawberry                                    | Choice of Ice Cream Dixie (1)<br>Vanilla, Butterscotch, Chocolate, Strawberry     |

| <b>SANDWICH</b>           | <b>REGULAR</b>                                                                   | <b>DYSPHAGIA SOFT</b>                                                            | <b>MINCED</b> | <b>PUREED</b>                                              |
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| <b>Lunch &amp; Supper</b> | Shaved Turkey Shredded Lettuce Mayo<br>Chicken Salad<br>Sliced Cheese and Tomato | Shaved Turkey Shredded Lettuce Mayo<br>Chicken Salad<br>Sliced Cheese and Tomato | Chicken Salad | Alternate: Trepuree Chicken Roast<br>Trepuree Turkey Roast |

**THICK FLUIDS SUPPER - Pudding or Pureed Fruit**

| <b>BREAKFAST</b>                          | <b>REGULAR</b>                                                                                                      | <b>DYSPHAGIA SOFT</b>                                                                                               | <b>MINCED</b>                                                                                                       | <b>PUREED</b>                      |
|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|------------------------------------|
| <b>JUICE</b>                              | Assorted Chilled Fruit Juice (4oz)                                                                                  | Assorted Chilled Fruit Juice (4oz)                                                                                  | Assorted Chilled Fruit Juice (4oz)                                                                                  | Assorted Chilled Fruit Juice (4oz) |
| <b>CEREAL</b>                             | Oat Bran (6oz)<br>Choice of Cold Cereal                                                                             | Oat Bran (6oz)<br>Choice of Cold Cereal                                                                             | Oat Bran (6oz)<br>Choice of Cold Cereal                                                                             | Oat Bran (6oz)                     |
| <b>ENTRÉE</b><br><b>Muffin of the Day</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Toast (2 x ½ sl.) / Assorted Jam<br><b>Lemon Poppyseed Muffin (1)</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Toast (2 x ½ sl.) / Assorted Jam<br><b>Lemon Poppyseed Muffin (1)</b> | Choice of Egg (Poached, Boiled, Scrambled)<br>Toast (2 x ½ sl.) / Assorted Jam<br><b>Lemon Poppyseed Muffin (1)</b> | Apple Blended Breakfast (#6)       |

| <b>LUNCH</b>   | <b>REGULAR</b>                                                    | <b>DYSPHAGIA SOFT</b>                                                    | <b>MINCED</b>                                                                 | <b>PUREED</b>                                               |
|----------------|-------------------------------------------------------------------|--------------------------------------------------------------------------|-------------------------------------------------------------------------------|-------------------------------------------------------------|
| <b>SOUP</b>    | Roasted Red Pepper Soup (6oz)                                     | Pureed Roasted Red Pepper Soup (6oz)                                     | Pureed Roasted Red Pepper Soup (6oz)                                          | Pureed Roasted Red Pepper Soup (6oz)                        |
| <b>SALAD</b>   | <b>Garlic Tomato Salad (spoodle)</b>                              | <b>Minced Garlic Tomato Salad (#20)</b>                                  | <b>Minced Garlic Tomato Salad (#20)</b>                                       |                                                             |
| <b>ENTRÉE</b>  | Egg Ham Cheese Melt on ½ English Muffin<br>with Hollandaise Sauce | Cut-Up Egg Ham Cheese Melt on ½ English<br>Muffin with Hollandaise Sauce | Minced Ham (#12) with Hollandaise Sauce<br><br>Mashed Potato (#20) Pork Gravy | Trepuree Ham (1)<br><br>Pureed Carrot<br><br>Pureed Turnips |
| <b>DESSERT</b> | Mandarin Oranges (#8)                                             | Mandarin Oranges (#8)                                                    | Pureed Mandarin Oranges (#8)                                                  | Pureed Mandarin Oranges (#8)                                |

| <b>SUPPER</b>  | <b>REGULAR</b>                                                                                                                            | <b>DYSPHAGIA SOFT</b>                                                                                                                                     | <b>MINCED</b>                                                                                                     | <b>PUREED</b>                                                                        |
|----------------|-------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <b>ENTRÉE</b>  | Steamed Lemon Pepper Haddock Lemon Wedge<br>OR<br>Beef and Macaroni Casserole (#8)<br><br>Oven Roasted Potato (2)<br><br>Green Bean (3oz) | Steamed Lemon Pepper Haddock<br>Dilly Lemon Sauce<br>OR<br>Beef and Macaroni Casserole (#8)<br><br>Oven Roasted Potato (2)<br><br>Minced Green Bean (#12) | Steamed Lemon Pepper Haddock<br>Dilly Lemon Sauce<br><br>Mashed Potato (#20) Gravy<br><br>Minced Green Bean (#12) | Trepuree Fish Newburg (1)<br><br>Pureed Herbed Potato<br><br>Pureed Butternut Squash |
| <b>DESSERT</b> | Angel Food Cake (1 sl.) with Strawberries and<br>Topping                                                                                  | Angel Food Cake (1 sl.) with Strawberries and<br>Topping                                                                                                  | Angel Food Cake (1 sl.) with Strawberries and<br>Topping                                                          | Pureed Angel Food Cake (#8) with Pureed<br>Strawberries and Topping                  |

| <b>SANDWICH</b>           | <b>REGULAR</b>                                                    | <b>DYSPHAGIA SOFT</b>                                             | <b>MINCED</b>             | <b>PUREED</b>                                            |
|---------------------------|-------------------------------------------------------------------|-------------------------------------------------------------------|---------------------------|----------------------------------------------------------|
| <b>Lunch &amp; Supper</b> | Egg Salad<br>Salmon Salad<br>Shaved Beef Shredded Lettuce Mustard | Egg Salad<br>Salmon Salad<br>Shaved Beef Shredded Lettuce Mustard | Egg Salad<br>Salmon Salad | Alternate: Trepuree Beef Roast<br>Trepuree Chicken Roast |

| <b>BREAKFAST</b>                              | <b>REGULAR</b>                                                                                                              | <b>DYSPHAGIA SOFT</b>                                                                                          | <b>MINCED</b>                                                                                                  | <b>PUREED</b>                      |
|-----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|------------------------------------|
| <b>JUICE</b>                                  | Assorted Chilled Fruit Juice (4oz)                                                                                          | Assorted Chilled Fruit Juice (4oz)                                                                             | Assorted Chilled Fruit Juice (4oz)                                                                             | Assorted Chilled Fruit Juice (4oz) |
| <b>CEREAL</b>                                 | Cream of Wheat with Flax (6oz)<br>Choice of Cold Cereal                                                                     | Cream of Wheat with Flax (6oz)<br>Choice of Cold Cereal                                                        | Cream of Wheat with Flax (6oz)<br>Choice of Cold Cereal                                                        | Cream of Wheat with Flax (6oz)     |
| <b>ENTRÉE</b><br><br><b>Muffin of the Day</b> | Cheese Omelet (1)<br>Poached or Boiled Egg (1)<br>Bacon (2 sl.)<br>Toast (2 x ½ sl.) Assorted Jam<br><b>Bran Muffin (1)</b> | Cheese Omelet (1)<br>Poached or Boiled Egg (1)<br><br>Toast (2 x ½ sl.) Assorted Jam<br><b>Bran Muffin (1)</b> | Cheese Omelet (1)<br>Poached or Boiled Egg (1)<br><br>Toast (2 x ½ sl.) Assorted Jam<br><b>Bran Muffin (1)</b> | Vanilla Blended Breakfast (#6)     |

| <b>LUNCH</b>   | <b>REGULAR</b>                                              | <b>DYSPHAGIA SOFT</b>                                                | <b>MINCED</b>                                                      | <b>PUREED</b>                                                                  |
|----------------|-------------------------------------------------------------|----------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------------------|
| <b>SOUP</b>    | Beef Vegetable Soup (6oz)                                   | Pureed Beef Vegetable Soup (6oz)                                     | Pureed Beef Vegetable Soup (6oz)                                   | Pureed Beef Vegetable Soup (6oz)                                               |
| <b>SALAD</b>   |                                                             |                                                                      |                                                                    |                                                                                |
| <b>ENTRÉE</b>  | Chicken Caesar Salad<br><br>Oven Baked Garlic Bread (1 sl.) | Chicken (Minced Caesar Salad)<br><br>Oven Baked Garlic Bread (1 sl.) | Minced Chicken Caesar Salad<br><br>Oven Baked Garlic Bread (1 sl.) | Trepuree Lemon Chicken (1)<br><br>Pureed Parsley Potato<br>Pureed Sweet Carrot |
| <b>DESSERT</b> | Pineapple Cloud (#8)                                        | Pineapple Cloud (#8)                                                 | Pureed Pineapple Cloud (#8)                                        | Pureed Pineapple Cloud (#8)                                                    |

| <b>SUPPER</b>  | <b>REGULAR</b>                                                                                                | <b>DYSPHAGIA SOFT</b>                                                                                         | <b>MINCED</b>                                                                                                                     | <b>PUREED</b>                                                                        |
|----------------|---------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <b>ENTRÉE</b>  | Shaved Turkey (3oz) Stuffing Cranberry Sauce<br><br>Mashed Potato (#20) Gravy<br><br>Brown Sugar Turnip (#16) | Shaved Turkey (3oz) Stuffing Cranberry Sauce<br><br>Mashed Potato (#20) Gravy<br><br>Brown Sugar Turnip (#16) | Minced Roast Turkey (#12) with<br>Stuffing and Cranberry Sauce<br><br>Mashed Potatoes (#20) Gravy<br><br>Brown Sugar Turnip (#16) | Trepuree Roast Turkey (1)<br><br>Pureed Savory Potato<br><br>Pureed Butternut Squash |
| <b>DESSERT</b> | Pumpkin Tart (1) Whipped Topping                                                                              | Pumpkin Tart (1) Whipped Topping                                                                              | Pumpkin Tart (1) Whipped Topping                                                                                                  | Butterscotch Pudding (#8) Whipped Topping                                            |

| <b>SANDWICH</b>           | <b>REGULAR</b>                                                 | <b>DYSPHAGIA SOFT</b>                                          | <b>MINCED</b>           | <b>PUREED</b>                                         |
|---------------------------|----------------------------------------------------------------|----------------------------------------------------------------|-------------------------|-------------------------------------------------------|
| <b>Lunch &amp; Supper</b> | Shaved Ham Shredded Lettuce Mustard<br>Egg Salad<br>Crab Salad | Shaved Ham Shredded Lettuce Mustard<br>Egg Salad<br>Crab Salad | Egg Salad<br>Crab Salad | Alternate: Trepuree Pork Roast<br>Trepuree Beef Roast |