

# CHOICE South Restorative

## Comprehensive Home Option of Integrated Care for the Elderly (CHOICE) South Restorative

### What is CHOICE South Restorative?

CHOICE South Restorative is a short-term, intensive rehabilitation program that helps clients improve or maintain their health and independence. This program is guided by a “work with you” approach, where clients are expected to be active participants in setting and working toward functional goals.



### Who is eligible for CHOICE South Restorative care?

Adults in Edmonton who:

- are experiencing the loss of functional independence due to acute illness, injury, or prolonged hospitalization.
- live in the community and would benefit from a coordinated short-term restorative rehabilitation program and medical oversight to recover their functional independence.

Clients do not need to be a registered with home care to be eligible to receive this service.

### What services are provided?

Clients will come to the **CHOICE Centre on Parsons Road** two or more times a week. Based on their identified goals and care plan, they can receive the following:

- Medical monitoring and treatment by CHOICE nurse practitioners and other nurses
- Rehabilitation or restorative therapy
- Therapeutic recreation, cognitive and social programs
- Personal assistance with daily tasks like going to the washroom (as needed)
- Health and wellness education
- Meals and snacks

### Location

9830 - 31 Avenue, Edmonton AB

### How do I access these services?

Patients and family should discuss with their health professional or call CHOICE Intake at 587-773-9458 or 780-638-2703.